

Massage Therapy



Swedish

A full body massage using touch to achieve total body relaxation. This is accomplished by rubbing the muscles with long gliding strokes. Lotion is often used to reduce friction and stimulate the skin.

30 minutes \$40

60 minutes \$80 (\$65 for Members)

Deep Tissue

Designed to relax over-worked muscles.

60 minutes \$90 (\$65 for Members)

Hot Stone

Relax with stones to penetrate tense muscles.

60 minutes \$90 (\$65 for Members)

Synergie



Aesthetic Massage Treatment (AMS)

The body therapy massage/cellulite reduction treatment is a combination of vacuum massage, applied pressure, suction and infrared light therapy. It is FDA approved to reduce the appearance of cellulite and circumferential measurements.

16 Sessions

Members \$995

Non Members \$1395

Aromatherapy

Private Consultation

One-to-One session for your self education and empowerment.

Custom Blends

Developed with all natural materials.

Aromatherapy Massage

This massage is traditional Swedish while introducing you to the power of essential oils.

60 Minutes \$80 (\$65 for Members)



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Club membership is not required for spa services.